

Travel Safety



BOAT

- Your children should wear life jackets at all times when on boats or near bodies of water.
- Make sure the life jacket is the right size for your child. The jacket should not be loose. It should always be worn as instructed with all straps belted.
- Blow-up water wings, toys, rafts, and air mattresses should never be used as life jackets or life preservers.
- Adults should wear life jackets for their own protection and to set a good example.

Source: <http://www.aap.org/family/tippslip.htm>

TRAVEL

- Buckle up car seats and seat belts.
- When your child reaches the top weight allowed for the car safety seat or their ears have reached the top of the car safety seat, the child needs a booster seat. Booster seats should be used until the child can correctly use a lap/shoulder seat belt.
- Keep supplies with you, such as snacks, water, a first aid kit and any medicines your child takes.
- Always use a car seat, starting with your baby's first ride home from the hospital. Help your child form a lifelong habit of buckling up.
- Read the manufacturer's instructions and always keep them with the car seat. Read your vehicle owner's manual for more information on how to install the car seat.
- Put your child in the back seat. It is the safest place in the car because it is farthest away from a head-on crash (the most common type of crash).
- The harness system holds your child in the car seat and the seat belts hold the seat in the car. Attach both snugly to protect your child.
- Children in rear-facing car seats should never be placed in a front seat equipped with an air bag.

Car seats are available from the Franklin County Board of Health at no cost to eligible families. Call 462-6668 for additional information.

Source: Car Seat Safety
<http://www.aap.org/family/carseatguide.htm>

